



# Cranberry Smoothie

## **INGREDIENTS**

1 orange, peeled  
1 frozen banana  
1/2 cup cranberries, frozen  
1/4 cup yogurt  
1/2 cup milk  
1 tsp. agave

## **DIRECTIONS**

1. Place all of the ingredients in a blender.
2. Blend until smooth.
3. Serve immediately.