



# Four Bean Salad

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## INGREDIENTS

1 can (16 ounces) kidney beans, rinsed and drained  
1 can (15 ounces) garbanzo beans or chickpeas, rinsed and drained  
1 can (14-1/2 ounces) cut green beans, drained  
1 can (14-1/2 ounces) cut wax beans, drained  
1 medium onion, sliced

3/4 cup sugar  
1/2 cup cider vinegar  
1/4 cup canola oil  
1/2 teaspoon salt

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## DIRECTIONS

1. In a large salad bowl, combine the green beans, wax beans, garbanzo beans, kidney beans, and onions.
2. In a small bowl, whisk the sugar, cider vinegar, canola oil and salt together until sugar is dissolved (heat if necessary).
3. Pour over bean mixture; toss to coat.
4. Cover and refrigerate overnight, stirring several times.
5. Serve with a slotted spoon.

Yield: 10-12 servings.

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