



Blueberry Lemon Oat Muffin

INGREDIENTS

1/8 cup lemonade concentrate

3/8 cup water, mix with lemonade concentrate

1/2 cup quick oats

1 egg

1/2 cup canola oil

1/2 cup sugar

1 1/2 cups flour

1 1/4 teaspoons baking powder

1/4 tsp baking soda

1/2 tsp salt

1 1/4 cups blueberries

1/8 cup lemonade concentrate

1 tsp sugar

DIRECTIONS

- Mix oats with lemonade to soften. (About 15 minutes)
- Mix together egg, oil, and sugar. Add oat mixture

- Combine dry ingredients, then add blueberries. Combine the dry mixture with the oat mixture. Stir until just moistened; do not overmix.
 - Fill greased or paper-lined muffin tins 2/3 full. Bake at 400 degrees F. for 16 to 18 minutes. Brush top with lemonade concentrate, and sprinkle with sugar. Makes 1 dozen medium muffins.
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